

Signs and Symptoms of Heart Failure

Weight gain of 2-3 lbs overnight or 5 lbs in a week



Shortness of breath



Swelling of feet & legs



Chronic lack of energy



Difficulty sleeping at night due to breathing problems



Increased urination at night



Swollen or tender abdomen with loss of appetite



Cough with frothy sputum



Confusion and/or impaired memory



HEART CENTER
Member, North Shore Medical Center

Heart Failure Clinic

978-354-2508