



NSMC Cancer WALK FAQ's

When is the 18th Annual NSMC Cancer WALK? Sunday, June 22nd 2008

7:30 a.m. Registration & WALK Wear tents open

8:00 a.m. Rolling Start (WALK begins: WALK route closes at 11:30 a.m.)

8:00 a.m. Survivor Trolley at the start line at the Willows

9:00 a.m. Refreshment tent opens (refreshments close at 11:30 a.m.)

Where does the NSMC Cancer WALK begin?

The WALK begins and ends at Salem Willows Park in Salem, MA

MAIN STAGE PROGRAM BEGINS at 7:25 am - 8:00 a.m. Rolling Start

How long is the NSMC Cancer WALK?

The WALK is a 10K (6.2 miles) and winds through historic Salem. The halfway point is at the O'Keefe Center at Salem State College. Along the route there are water stops and live entertainment. We offer shuttles along the way for "tired walkers", and there is also a 3 mile shorter route if so desired. If there is someone that doesn't feel they can WALK at all – they can ride the Survivor Trolley – which boards at the START line at Salem Willows Park at 8:00 a.m.

Is there a donation minimum for the NSMC Cancer WALK?

The typical walker raises \$100 to make a difference in the fight against cancer (example: ask 10 of your closest friends and/or family for \$10 = \$100).

Where does the money from the NSMC Cancer WALK go?

Proceeds from the WALK go toward oncology services at the North Shore Medical Center. The dollars stay local and enable NSMC to offer state-of-the-art cancer care close to home.

As the 2008 WALK prepares to step off, we are working with Massachusetts General Hospital (MGH) to expand and relocate the NSMC Cancer Center to the new Mass General/North Shore Cancer Center scheduled to open in Danvers next year. 2007-2009 WALK proceeds will benefit this new state-of-the-art facility where NSMC and MGH physicians will work in concert to provide comprehensive and coordinated medical, surgical, and radiation oncology care in a compassionate, community-based environment.

Where do I turn in my donations?

All Checks should be made out to NSMC CANCER WALK. It's best to turn in your donation BEFORE or AFTER WALK day in one of the following ways:

1. Our website www.nsmccancerwalk.org
2. Use the sponsor sheets provided in your fundraising kit, put a stamp on it, and mail
3. If you do not have a Sponsor Sheet, mail to NSMC Development Office, ED Ground, 81 Highland Avenue, Salem, MA 01970

You can also turn them in on WALK day to the registration tent which opens at 7:30 a.m.

How do I get to the NSMC Cancer WALK – Where should I park?

Parking Area: Parking is available at Shetland Park on Congress Street

Busses and shuttles will be available to walkers from the parking area at Shetland Park beginning at 7:00 a.m. Return trips begin at 10:00 a.m. – please meet the busses past the starting line on Memorial Drive - this is a different location from the drop off. The final trip back to Shetland Park departs Salem Willows Park at 11:45 a.m.

Directions to Parking at Shetland Park

From all cities, take 1A into Salem, MA, to the corner of Derby and Congress Streets. The parking attendants will show you where to park. Busses and shuttles will bring you to Salem Willows Park and back again after the WALK. Final trip back will be at 11:45 a.m.

Can I ride my bike or in-line skate at the NSMC Cancer WALK?

For safety's sake, please leave in-line skates, scooters, and bikes at home. Wheelchairs / strollers are welcome!

Still have questions? Please email tchalifour@partners.org or call toll free 866.296.6900