

FAMILY RESOURCE CENTER

MassGeneral for Children at North Shore Medical Center Family Support Programs

Call Family Resource Center 978-354-2660 to join our group

Parents Supporting Parents

Would you like to have the support and encouragement of other parents with similar concerns?

Are you a parent who is feeling overwhelmed, isolated or stressed?

Being a parent isn't always easy!

Come to a Parents Helping Parents support group

Our groups are:

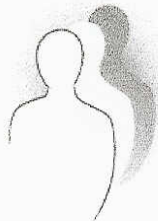
- *Free*
- *Confidential*
- *Anonymous*

To find out more about Parents Helping Parents or to locate a group near you, call

1-800-882-1250

or visit our website

www.parentshelpingparents.org



Parents Helping Parents

the roundtable of support