

Family Programs

The Family Resource Center is for children, adolescents, parents and professionals. It provides educational materials, links to community resources, conferences, and family support in all areas of children's developmental and behavioral health.

The following programs are available through the Family Resource Center:

- **Behavioral Health Library** – comprehensive collection of books and resources for children, families and professionals on Behavioral Health and parenting, located on the 4th floor of North Shore Children's Hospital.
- **ADHD Parent Support Groups** – parents support and guide one another through the challenges of parenting children with behavioral, social and educational issues. Meets weekly in a six week series. Both morning and evening groups are available.
- **Learn to Cope ~ North Shore**- peer to peer parent support group for families who are living with the drug addiction of a loved one. Meets weekly on Thursdays 7-9pm in Lynch Conference Room NSCH.
- **Sibling Support Program** – Sibshops, recreational peer support programs for 7-13 year old siblings with a brother or sister with a developmental, medical or behavioral health disorder. Groups also available for 4-6 year olds and teens. All Sibshops are held at the Sibshop Collaborative of the North East in Danvers
- **Grandparents Raising Grandchildren Group** – a support group for grandparents raising their grandchildren, meets the 1st and 3rd Monday of the month from 11am – 12 pm in the Family Resource Center.
- **"Parents Helping Parents"** – Parent to parent support, follows statewide model, meets weekly. Free, Confidential, Anonymous. Call 1-800-882-1250 or the Family Resource Center for information, day and time.
- **Family Rounds** – monthly educational series for parents and professionals on family issues. Held the third Thursday of each month 12-1:30pm in Lynch Conference Room. Registration is required.
- **Conferences and workshops** are available throughout the year in the area of children's behavioral and mental health. The topics and format change based on community requests. Community education programs are available for parents and professionals.
- **Health Education Consultations** – by a clinical specialist to help families and professionals access educational information and resources.

Family Resource Center at North Shore Children's Hospital 4th floor

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HOURS: Mon, Tues, Wed, Thurs

12-4pm

mornings by appointment